## Diamond Microdermabrasion

# Equipment

Acne? Sun damage? Blotchy skin? Fine scars? Slight wrinkles? Keratose? Large pores? Non-inflamed whiteheads? Uneven skin texture and glow? Age spots? Oil-congested skin? Skin pigmentation

## Beauty



#### The diamond microdermabrasion

#### About diamond microdermabrasion

It is a non-invasive mechanical exfoliation technique that reduces fine lines and wrinkles by removing outer layers of dead skin. It improves the texture, tone and lightness of the skin and restores its elasticity.

#### What does it consist of?

The unit is equipped with an applicator where several diamond tips are adapted. The beautician proceeds with slow sliding motions along the skin surface as shown in page 4. The dead cells are vacuumed back into a waste filter. The heads have different sizes and coarseness for different skin types, areas and depths of polishing.

#### Which are the effects?

- Helps natural cell regeneration
- Boosts collagen and elastine production
- Improves skin elasticity
- Reduces the appearance of wrinkles
- Remove acne scars
- Clears up blackheads
- Minimises the size of the pores
- Reduces sun damage

## What is it appropriate for?

- Acne
- Sun damage
- · Blotchy skin
- Fine scars
- Light wrinkles
- Keratose
- Large pores
- Non-inflamed whiteheads
- Uneven skin texture and glow
- Age spots
- Congested oily skin
- Skin pigmentation

## Which are the contraindications?

- Inflamed areas
- Bacterial infections
- Cuts and wounds
- Do not suck on eyelids
- Skin tumours
- Freckles
- Angioma
- Cold-sore
- Warts
- Do not use on lips

#### Sessions

The recommended time for a simple microdermabrasion session takes around 20-30 minutes. The treatment can be repeated from 3 to 10 times. Treatments should be carried out once a week or once every 15 days. Results are visible from the very first session. It is advisable to perfom maintenance sessions every month or every two months.

Treatment	Frequency (days)	<b>Total of sessions</b>
Facial exfoliation	6-10	3-5
Fine lines	7-13	6-8
Neck	12-14	3-5
Acne scars	7-12	8-10
Hyperpigmentation	7-12	8-10

### **Direction of application:**



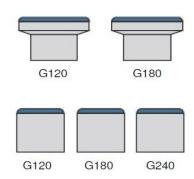
The direction of the treatment should be as indicated in the picture, from the central part of the face to the side, from down to up.

- From chin to ears
- From chin to nose
- From nose to temple
- From eye corner to temple
- From central forehead to hairline.

## Diamond tips:

G120 and G180: Ø 22 mm. Body tip, specially for acne, knees, elbows and marks.
G120, G180 and G240: Ø 15 mm. Scars, fine lines

and skin imperfection. Soft polishing.



### **Diamond tips:**

G180 and G240: Ø 19 mm. Face. Big spots, large pores, premature ageing, sun exposure.
G200 and G240: Ø 8 and 6 mm. Eyes. Both sides of nose. Wrinkles, blackheads, acne, etc.

